

# East Bay Sailing Foundation

*Parent Handbook*



## SUMMER 2024

# MISSION STATEMENT

*Our mission is to foster self-confidence through instruction in sailing, seamanship, and racing skills at appropriate levels in a safe and fun environment so that participants may enjoy the benefits of sailing for a lifetime. We encourage an ongoing dialogue among students, parents, instructors, the EBSF Committee and the involvement of anyone who supports these goals.*

# CONTACT INFORMATION

**Program Director:** Emily Augello

**Email:** programdirector@eastbaysailingfoundation.org

**Office phone:** (401) 257-6774

**Mailing Address:** P.O. Box 855 Bristol, RI 02809

# LOCATION

East Bay Sailing Foundation operates out of Bristol Yacht Club located:

**101 Poppasquash Rd Bristol, RI 02809**

# EBSF Board of Directors

## **Board Chair**

Susan Grandpierre - susang.nai@rcn.com

## **Governance**

Bob Millard - rmillard1954@gmail.com

## **Vice Chair**

Kristen Browne - kristinlbrowne@gmail.com

## **Instructional Committee Chair**

Casey Ivatts Henchman - civatts@gmail.com

## **Equipment and Fleet Maintenance Committee Chair**

Pete Levesque - pete.levesque@gmail.com

## **Treasurer/Finance**

Ken Martin - kenneth.senne.martin@gmail.com

## **Adult Sailing**

Peter Maloney - PeteMaloney@gmail.com

## ARRIVAL/DISMISSAL

**Arrival:** Students may begin arriving 15 minutes before their class start time. Please park in the grass lot and assist your student(s) to their designated location on the main grass field. Verify that your child is checked in by their instructor. If your child is going to be late please notify the program director.

**Dismissal:** Students must check out with their instructor when getting picked up. Please notify the instructor if someone else other than parent/guardian is picking up your child.

## LUNCH

Each student (except for the Beginners and Harbor Mice classes) must bring their own lunch. Please keep in mind that students will **not** have access to a refrigerator or microwave. A small snack for the end of the day is also suggested.

## SUPPLY LIST

*Items listed in bold are required for daily participation*

- **US Coast Guard Approved PFD (Personal Flotation Device)**
  - **Type I, Type II or Type III (non inflatable)**
- **Close-toed shoes (old sneakers work great!)**
- **Refillable water bottle**
- **Sunscreen**
- Swimsuit
- Sunglasses
- Hat
- Towel
- Change of clothes
- Gear bag
- Sailing gloves
- Rain jacket

## SWIM CHECK

All students will complete a swim “check” at the beginning of the session. Students must float comfortably with their jacket for 3 minutes and swim a distance of 30 yards. More advanced classes must tread water *without* a lifejacket for 1 minute, put their life jacket on in the water, and swim a distance of 30 yards.

# CLASS SCHEDULE

Our program begins on June 24th and ends August 16th.

## **Harbor Mice Sessions:**

Every Friday, 9:00 AM to 12:00 PM  
Full Summer: June 21st - August 16th

## **Beginner/ Intermediate / Adventure Sailing Sessions:**

Monday - Friday, 9:00 AM to 4:00 PM

Session 1A: June 24 – July 5 (No class 4th of July)

Session 1B: July 8 – July 19

Session 2A: July 22 – August 2

Session 2B: August 5 – August 16

## **OPTI/LASER/C420/Foiling Race Sessions:**

Monday - Friday: 9:00 AM - 4:00 PM

Full Summer: June 24 - August 16 (No class 4th of July)

Race teams have the opportunity to travel to regattas governed by the Narragansett Bay Yachting Association (NBYA). Regattas will be determined between race coaches, sailors, parents, and the program director. There may be additional fees to travel to regattas.

NBYA Schedule <https://nbya.org/>

# VOLUNTEER

*East Bay Sailing Foundation relies on the participation and enthusiasm of our parents and guardians.*

**Volunteers:** There are plenty of opportunities to volunteer with the club, such as boat maintenance, communication, marketing. If you have a particular skill you would like to provide, or simply want to donate your time please let us know. If you would like to volunteer please contact the program director for more information.

## IN CASE OF EMERGENCY

In the unlikely event that your child has a medical emergency, immediate action will be taken to assure their safety. The student will be assessed and either treated onsite or taken to the nearest medical facility. You will be contacted using the emergency contact information you provided during registration.

## INCLEMENT WEATHER

Unfortunately weather conditions do not always allow for on the water lessons. Safety is our number one priority. If inclement weather conditions are forecasted we will cancel the class by sending out an email the night before.

## CODE OF CONDUCT

East Bay Sailing Foundation strives to provide a fun and safe environment in which to educate the next generation about the skills and joys of sailing. In order to do so it is of the utmost importance that we maintain a physically and emotionally safe educational environment. In order to do so the students must conduct themselves accordingly:

*Students...*

- Will respect their instructors, adults, members, and fellow sailors.
- Will listen to the directions given to them by an instructor.
- Will treat EBSF equipment as though it were their own.
- Will display good sportsmanship at all times.
- Will not act in a way that endangers themselves or others. Safety first.
- Will conduct themselves in a manner that reflects positively on both themselves and EBSF.
- Will not use cell phones or other electronic devices during class.

## CELL PHONE USE & ACCESS

We ask that you discuss cell phone use with your child in advance of summer classes. We don't want sailors on their phones unless it is for emergency use or to call for a ride home in case of inclement weather. All cell phones that come to class must be stored in the student's bag in the EBSF storage area. Phones that are found in use without permission from a staff member will be held until the end of the day. Multiple offenses will require that the student turnover the phone to a staff member ashore each morning.

## USE OF EQUIPMENT

If a child is using a club boat any damage or loss of equipment that exceeds normal wear and tear (staff discretion) will be reported to the EBSF program director. At that point the cost of repair may be charged to the family. If damage is done to a double handed boat, the boat responsibility will fall on both the skipper and crew. *EBSF is not responsible for damages done to privately owned or charter boats/equipment.*

## GUESTS AT BRISTOL YACHT CLUB

We are very fortunate to be located at Bristol Yacht Club and wish to continue the positive relationship we have built over the years. We ask that your sailor respect and follow these guidelines:

Sailing school participants are required to follow the BYC house rules.

Junior sailors have access to the following areas:

- Outdoor restrooms and showers
- Picnic area by the grills
- Basement storage area
- Outdoor deck and clubhouse during formal instruction, lunch and rest periods, and inclement weather
- Junior sailors are permitted on the deck and in the clubhouse during periods of formal instruction or at the invitation of the sailing instructors. The downstairs restroom is reserved for adults.

Junior sailors will store their personal belongings only in the areas designated for sailing program use. No personal belongings will be stored on the deck.

**IMPORTANT:** Please take notice of assigned parking for BYC staff and board members. **PLEASE DO NOT park in the EXECUTIVE BOARD PARKING.**

*For additional information, please contact Emily Augello at [programdirector@eastbaysailingfoundation.org](mailto:programdirector@eastbaysailingfoundation.org).*